

WHO WE ARE

Anyone who wants to stop using drugs may become a member of Narcotics Anonymous (NA). Membership is not limited to addicts using any particular drug. Those that feel they may have a problem with drugs, legal or illegal, including alcohol, are welcome in NA. Recovery in NA focuses on the problem of addiction, not on any particular drug.

WHERE WE ARE

Most NA meetings are held regularly at the same time and place each week, usually in a public facility. There are two basic types of meetings, those that are open to the public, and those that are closed to the public (for addicts only). NA meetings are informally structured. The function of any meeting is always the same: to provide a suitable and reliable environment for personal recovery.

Name

Number

FOR THE NEWCOMER

You don't have to be clean (drug free) when you get here, but after your first meeting we suggest that you keep coming back and come back clean. You don't have to wait for an overdose or jail sentence to get help from NA, nor is addiction a hopeless condition from which there is no recovery. It is possible to overcome the desire to use drugs.

WHAT IS OUR MESSAGE

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom. When all is said and done, our primary purpose can only be to carry the message to the addict who still suffers

WHAT WE ARE

Narcotics Anonymous is a nonprofit international, community-based organization for recovering addicts. Narcotics Anonymous members learn from one another how to live drug-free and recover from the effects of addiction in their lives.

www.niagarana.com

DRUG PROBLEM?

We've Been There



May 2018

WE DO RECOVER

Narcotics Anonymous®

**Niagara Area
Meetings**

Call Before You Fall!

INFORMATION LINE

Toll Free 1-888-811-3887

NARCOTICS ANONYMOUS

PO Box 29088, 125 Carlton St.
St. Catharines, ON L2R 7P9

Niagara Area Service Committee of Narcotics Anonymous Meeting List

<u>Sunday</u>		<u>Wednesday</u>		<u>Saturday</u>	
7:30	Steps 4 Miles St. John's Anglican Church 3428 Portage Rd Niagara Falls O/D/ST/WC	7:30pm	Pure Life Arid House 89 Queen St Fort Erie O/D/JFT	7:30pm	Serenity By The River First Baptist Church 165 Bertie St Fort Erie O/LC
8:00pm	Men's Discussion Meeting 10 Adams St St. Catharines O/D	8:00pm	Easy Does It Westview Christian Fellowship Church 124 Queenston St St. Catharines O/D/BT/WC	8:00pm	Saturday Night Live St. Andrews United Church 5645 Morrison St Niagara Falls O/SS/WC
8:00pm	Never Alone Sacred Heart Church 72 Empire St (side door) Welland O/D/BT/JFT Speaker last Sunday each month	<u>Thursday</u> 7:00pm	The Survivor's Club Christ Church 4750 Zimmerman Ave Niagara Falls O/D/L/WC	8:00pm	Better Days Christ Our Saviour Lutheran Church 448 Main St West Grimsby O/D/WC
<u>Monday</u> 8:00 pm	Freedom Road Christ Church 4750 Zimmerman Ave Niagara Falls O/D/LC/SS/WC	8:00pm	Never Alone Sacred Heart Church 72 Empire St (side door) Welland IWHW/O/D/WC	O C D ST SS JFT BT Q&A WC IWHW LC	Open (anyone can attend) Closed (addicts only) Discussion Step and Tradition Study Step Study Just For Today Basic Text Question and Answer Wheelchair Access It Works How & Why Living Clean
<u>Tuesday</u> 8:00pm	Real Deal Grace Anglican Church 238 Geneva St St. Catharines O/D/ST/LC	<u>Friday</u> 8:00pm	Easy Does It Westview Christian Fellowship Church 124 Queenston St St. Catharines O/D/JFT		
8:00pm	New Hope St. Andrews United Church 5645 Morrison St Niagara Falls O/D/IWHW/WC	8:00pm	Freedom Road Christ Church 4750 Zimmerman Ave Niagara Falls O/D/JFT/SS/WC		Our Service Meetings Volunteer committees of NA members coordinate services within the community. Locations may vary. Check the info line.
		8:00pm	Attitudes of Gratitude Port of Grace Church 26 Charlotte St Port Colborne O/D/BT/JFT Speaker last Friday each month		Niagara Area Service Committee Meets the 2 nd Saturday of each month at 12:00pm Hospitals & Institutions Public Relations Phone Line Sub Committee Meets the 1 st Wednesday of each month at 7:00pm