

WHO WE ARE

Anyone who wants to stop using drugs may become a member of Narcotics Anonymous (NA). Membership is not limited to addicts using any particular drug. Those that feel they may have a problem with drugs, legal or illegal, including alcohol, are welcome in NA. Recovery in NA focuses on the problem of addiction, not on any particular drug.

WHERE WE ARE

Most NA meetings are held regularly at the same time and place each week, usually in a public facility. There are two basic types of meetings, those that are open to the public, and those that are closed to the public (for addicts only). NA meetings are informally structured. The function of any meeting is always the same: to provide a suitable and reliable environment for personal recovery.

Name

Number

FOR THE NEWCOMER

You don't have to be clean (drug free) when you get here, but after your first meeting we suggest that you keep coming back and come back clean. You don't have to wait for an overdose or jail sentence to get help from NA, nor is addiction a hopeless condition from which there is no recovery. It is possible to overcome the desire to use drugs.

WHAT IS OUR MESSAGE

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom. When all is said and done, our primary purpose can only be to carry the message to the addict who still suffers

WHAT WE ARE

Narcotics Anonymous is a nonprofit international, community-based organization for recovering addicts. Narcotics Anonymous members learn from one another how to live drug-free and recover from the effects of addiction in their lives.

www.niagarana.com

DRUG PROBLEM?

We've Been There



January 2017

WE DO RECOVER

Narcotics Anonymous®

Niagara Area Meetings

Call Before You Fall!

INFORMATION LINE

Toll Free 1-888-811-3887

NARCOTICS ANONYMOUS

PO Box 29088, 125 Carlton St.
St. Catharines, ON L2R 7P9

Niagara Area Service Committee of Narcotics Anonymous Meeting List

Sunday

- 7:30** **Steps 4 Miles**
 St. John's Anglican Church
 3428 Portage Rd
 Niagara Falls
O/D/ST/WC
- 8:00pm** **Men's Discussion Meeting**
 10 Adams St
 St. Catharines
O/D
- 8:00pm** **Never Alone**
 Sacred Heart Church
 72 Empire St (side door)
 Welland
O/D/BT/JFT
 Speaker last Sunday each month

Monday

- 8:00 pm** **Freedom Road**
 Christ Church
 4750 Zimmerman Ave
 Niagara Falls
O/D/LC/SS/WC

Tuesday

- 8:00pm** **Real Deal**
 Grace Anglican Church
 238 Geneva St
 St. Catharines
O/D/ST
- 8:00pm** **New Hope**
 St. Andrews United Church
 5645 Morrison St
 Niagara Falls
O/D/IWHW/SS/WC

Wednesday

- 7:30pm** **Pure Life**
 Arid House
 89 Queen St
 Fort Erie
O/D/JFT
- 8:00pm** **Easy Does It**
 Westview Christian
 Fellowship Church
 124 Queenston St
 St. Catharines
O/D/BT/WC

Thursday

- 8:00pm** **Never Alone**
 Sacred Heart Church
 72 Empire St (side door)
 Welland
IWHW/O/D/WC

Friday

- 8:00pm** **Easy Does It**
 Westview Christian
 Fellowship Church
 124 Queenston St
 St. Catharines
O/D/JFT
- 8:00pm** **Freedom Road**
 Christ Church
 4750 Zimmerman Ave
 Niagara Falls
O/D/JFT/SS/WC
- 8:00pm** **Attitudes of Gratitude**
 Port of Grace Church
 26 Charlotte St
 Port Colborne
O/D/BT/JFT
 Speaker last Friday each month

Saturday

- 7:30pm** **Serenity By The River**
 First Baptist Church
 165 Bertie St
 Fort Erie
O/LC
- 8:00pm** **Saturday Night Live**
 St. Andrews United Church
 5645 Morrison St
 Niagara Falls
O/SS/WC
- 8:00pm** **Better Days**
 Christ Our Savior Lutheran Church
 448 Main St West
 Grimsby
O/D/WC
- O** **Open (anyone can attend)**
C **Closed (addicts only)**
D **Discussion**
ST **Step and Tradition Study**
SS **Step Study**
JFT **Just For Today**
BT **Basic Text**
Q&A **Question and Answer**
WC **Wheelchair Access**
IWHW **It Works How & Why**
LC **Living Clean**

Our Service Meetings

Volunteer committees of NA members coordinate services within the community.
 Locations may vary. Check the info line.

Niagara Area Service Committee

Meets the 2nd Saturday of each month at 2:00pm

Hospitals & Institutions Public Relations Phone Line Sub Committee

Meets the 1st Wednesday of each month at 7:00pm